

Engi Psychology Ltd brings training to your organization to maximize cost-effectiveness. We specialise in Clinical Forensic Psychology Services and we offer a variety of highly specialised trainings and psychological services. We work in conjunction with a network of experts with considerable experience in the field of forensic and clinical psychology and we are qualified to deliver the following training courses:

You provide the training room, refreshments and participants. These courses are CPD events and delegates receive a certificate to acknowledge their attendance. To arrange the courses, email info@engipsychology.com or call Deborah Houtt on 07505 408409

Violence Risk Assessment and Management using the HCR-20 Version 3 (HCR-20 v3)



HCR – 20 version 3 is a 2-day course.

The HCR-20 is the main risk assessment tool for the assessment and management of violence and has been recommended by the Department of Health (2007) as a structured professional judgement (SPJ) tool to be used by mental health professionals in the assessment and management of violence in prisons and forensic mental health services. The HCR-20 - V3 is the most commonly used structured professional judgement (SPJ) of risk of violence which allow the implementation of evidence based risk management plans.

The **HCR-20 v3** is used to assess the risk of future violence. It is necessary to assess someone's past and present functioning, as well as their goals and plans for the future, to determine what might be done to prevent violence. The HCR-20 is an aide-memoire to ensure that all information pertinent to the evaluation of risk is considered. It covers a number of *historical, clinical* and *risk management* factors.

Course aims:

The aim of this course is to assist practitioners working in forensic mental health and criminal justice settings to acquire skills in the assessment of risk for future violence in mentally disordered

offenders (MDO)

Features and Learning Outcomes:

- Learning to use the HCR-20 v3 in clinical forensic psychiatric services
- Case Studies
- Implementation
- Recommendations on good practice in risk assessment, risk formulation, risk management planning, evaluation and report-writing
- Post Workshop Follow up and consultation

Target Group:

- This training is designed to acquaint professionals with previous experience of structured approaches to the implementation of the new version 3 of the HCR-20.
- Experienced practitioners (e.g., psychologists, psychiatrists, nurses, social workers) who work with mentally disordered offenders and have expertise in conducting individual assessments.
- Practitioners with training/experience in basic violence risk assessment (e.g. CPA risk assessments) but have not yet received formal training in violence risk assessment
- Practitioners who are expected to lead or contribute significantly to detailed assessments of the violence potential of detained service users.

RSVP Risk of Sexual Violence Protocol



RSVP (Risk of Sexual Violence Protocol) is a 2-day course.

RSVP is a widely used risk assessment in the UK, Canada, USA and Australia. It is a set of structured professional guidelines to be used in the practice of sexual violence risk assessment. It is one of the primary methods used to promote best practice in health care professionals and consistent with recommendations for health care guidelines.

Course Aims:

The aim of the course is to assist practitioners working in forensic mental health and criminal justice settings to acquire skills in the assessment of risk for future sexual violence.

Features and Learning Outcomes:

- Learning to use the RSVP in institutions and the community
- Case Studies
- Implementation
- Recommendations on good practice in risk assessment, risk

interventions:

- Linking Care Plans to effective treatment outcome.
- Evidence-based practice.

What this course will do for you:

- Provide an understanding of personality disorder.
- It will equip you with crucial skills necessary to working with people with personality disorder,
- You will learn how to manage clients' challenging behaviour

What you receive as a result of attending the course:

CPD event - All delegates receive a certificate confirming attendance

Essentials Schema Therapy training



Essentials Schema Therapy training is a 2-day course.

Schema therapy is an innovative psychotherapy developed by Dr. Jeffrey Young for personality disorders, chronic depression, and other difficult individual and couples problems.

Research shows that for some patients, especially those with complex needs and personality disorder, CBT is not effective. Jeffrey Young developed the Schema Therapy framework that is an easy approach for patients and staff and helps with risk management and the development of prosocial behavior.

The four main concepts in the Schema Therapy model are: Early Maladaptive Schemas (EMS), Core Emotional Needs, Schema Mode, and Maladaptive Coping Styles. EMS are self-defeating, core themes or patterns that we keep repeating throughout our lives. EMS relate to the basic emotional needs of a child. When these needs are not met in childhood, schemas develop that lead to unhealthy life patterns. Maladaptive Coping Styles are the ways the child adapts to schemas and to damaging childhood experiences.

Schema Modes are the moment-to-moment emotional states and coping responses that we all experience. Often our schema modes are triggered by life situations that we are oversensitive to (our "emotional buttons"). Many schema modes lead us to overreact to situations, or to act in ways that end up hurting us.

Course aims:

The course aims to introduce staff and patients to the main principles of Schema with the aim to enhance understanding of client's presentation. The main goal of the training is to help staff interacting with patients in an effective and pro-social way avoiding burn out as the efforts is to help patients strengthen their Healthy Adult mode; weaken their Maladaptive Coping Modes. More information about these concepts can be sent on request. This training aims at helping organizations and hospitals to set up psychological informed environments (PIE).

Course structure:

- Why Schema Therapy.
- What is a schema?
- Early maladaptive schemas (EMS), definition and origins.
- Schema perpetuation and coping styles
- How to educate patients about schemas.
- Case assessments and formulation.

What this course will give you:

- You will develop an understanding of the underlying psychological difficulties behind clients' presentation
- You will gain insight into your own schemas and how they affect you and others.
- You will learn what works with personality disorder and how to challenge client's disruptive behaviour

WORKING WITH ADULTS ON THE AUTISTIC SPECTRUM

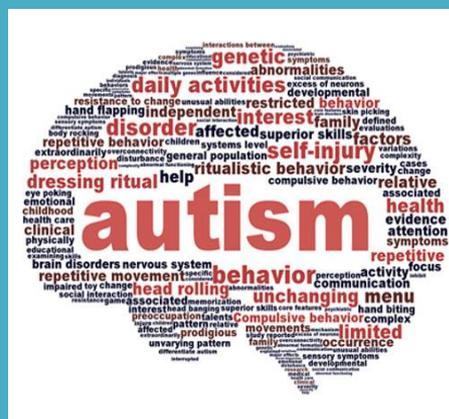
Working with adults on the Autistic Spectrum is a 2-day course.

Course Aims:

- An insight and awareness of the traits of people on the autistic spectrum
- Acknowledging the possible strengths and weaknesses of individuals on the autistic spectrum
- Strategies and realities of working with adults with autistic traits

Features and Learning Outcomes:

- Assessing and understanding the individual needs and difficulties
- Developing your own skills to work with those on the autistic spectrum
- Managing behaviours
- Assessments and providing individual treatment and support



plans

- Developing skills and improve wellbeing of the individual
- Making the environment autistic friendly
- Case Studies

Target Group:

- This training is designed to provide education and understanding of working with adults on the autistic spectrum or with autistic traits.
- Nurses, Support Workers, Social Workers, Occupational Therapists
- Staff with no or limited knowledge of autism



ANGER MANAGEMENT, SUBSTANCE MISUSE AND THINKING SKILLS COURSES

We can train facilitators to deliver courses in anger management, substance misuse and thinking skills, as well as providing these courses for patients and service users.

We look forward to hearing from you - to arrange this course contact Deborah Hoult at Debbie@engipsychology.com or info@engipsychology.com or call 07505 408409.
